

## Choosing the correct Dioptre for you.



### FOR STANDARD READERS (Compact 1, Compact 2, Newfold 507 etc.)

Hold this paper at the normal distance that you would expect to read a book or letter

NOW TRY AND SEE WHAT IS.....

Dioptre	The first line you find difficult to read is the dioptre you should chose
+3.0	<b>the first line you find difficult to read</b>
+2.5	<b>the first line you find difficult to read</b>
+2.0	the first line you find difficult to read
+1.5	the first line you find difficult to read
+1.0	the first line you find difficult to read

FOR PC USE WHERE THE SCREEN IS NORMALLY FURTHER AWAY REDUCE BY HALF A DIOPTRE



Dioptre	The first line you find difficult to read CHOSE HALF A DIOPTRE LESS e.g. If you find the +3 line difficult to read chose +2.5 for PC Glasses
+3.0	<b>the first line you find difficult to read</b>
+2.5	<b>the first line you find difficult to read</b>
+2.0	the first line you find difficult to read
+1.5	the first line you find difficult to read
+1.0	the first line you find difficult to read